



# Gifts of Individuals

*Gifts of the head— knowledge, information*

*Gifts of the hand — practical skills*

*Gifts of the heart — i.e. passion, listening*





## *Capacity Inventory Examples* *NEW PROSPECT BAPTIST CHURCH*

### NEW PROSPECT BAPTIST CHURCH Cincinnati, OH

#### Survey Guidelines

#### Introduction

My name is \_\_\_\_\_ What is your name?

Thank you for coming over. Did someone talk to you about what the "Gift Exchange" is all about? What do you understand it to be?

Basically, we believe that everyone has God-given talents and gifts that can be used to benefit the community. I'd like to spend a few minutes talking to you about your gifts and skills.

Before we get started, let me give you a small gift.

#### GIFTS

Gifts are abilities that we are born with. We may develop them, but no one has to teach them to us.

1. What positive qualities do people say you have?
2. Who are the people in your life that you give to? How do you give to them?
3. When was the last time you shared with someone else? What was it?
4. What do you give that makes you feel good?

#### SKILLS

Sometimes we have talents that we've acquired in everyday life such as cooking and fixing things.

1. What do you enjoy doing?
2. If you could start a business, what would it be?
3. What do you like to do that people would pay you to do?
4. Have you ever made anything? Have you ever fixed anything?

#### DREAMS

Before you go, I want to take a minute and hear about your dreams-those goals you hope to accomplish.

1. What are your dreams?
2. If you could snap your fingers and be doing anything, what would it be?

#### CLOSING

First, I'd like to thank you. We're talking to as many people as we can and what we'd like to do is begin a Wall of Fame here in the Soup Kitchen highlighting the gifts, skills and dreams of as many people as possible. The ultimate goal is to find a way to use those gifts in rebuilding the community.

Before you go, can I get your full name? Address? Age?



## *Capacity Inventory Examples*

*Greyrock Commons Co-Housing Community*

### GREYROCKERS GIFT LIST

MY NAME IS:

AND HERE ARE SOME OF MY GIFTS

Please list 2-4 things in each category—things you wouldn't mind people at Greyrock knowing about you. Please write legibly.

Gifts of the head (things I know something about, and would enjoy taking about, or teaching others about, e.g., birds, art history, movies, solar energy).

Gifts of the hands (things I know how to do and enjoy doing, e.g., carpentry, sports [be specific], gardening, cooking).

Gifts of the heart (things I care deeply about, e.g., protection of the environment, civic life, children).

When you finish, tape the paper to some part of your person and wander around, reading other people's lists and having them read yours. Feel free to add or change as you go. Try to interact with at least 2 people. Benefits of doing a gifts list: (1) You can find people who share your interests. (2) If you need something done that you don't have the skills for, you may find someone who does have those skills and compensate them with money or through a barter arrangement. (Laurie and Katherine are working on a more elaborate barter system, or skills bank; see them if you are interested in helping develop it.) And, finally, (3) it helps you skip over the small talk and get to the meaning of life, or some such thing. PLEASE RETURN THIS FORM TO ELIZA. THANKS!!

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